

Lifestyle Spending Accounts

Promote healthy habits and overall well-being by creating your fully customizable, post-tax lifestyle spending account.



What is a Lifestyle Spending Account?

A lifestyle spending account (LSA) is an employer-funded, post-tax spending account, with eligible expenses and plan details customized by the employer, that promotes healthy habits and overall well-being.

Examples of Eligible Expenses in a Lifestyle Account:



Physical

- Athletic & exercise equipment
- Gym, health club, spa, and fitness studio memberships
- Fitness classes & lessons
- Personal trainer, fitness trackers
- Entry fee (i.e. marathon) & passes (i.e. ski, golf)
- Nutritional supplements



Financial

- Student loan reimbursement
- Home purchase expense reimbursement
- Financial advisor & planning services
- Financial seminars & classes
- Identity theft services



Emotional / Other

- Non-medical counseling services
- Retreats (i.e. leadership, spiritual)
- Camping supplies
- Medication & personal development classes (i.e. art, cooking)
- Annual park pass, hunting and fishing licenses
- Pet care

Customize your Lifestyle Savings Account to attract and retain employees



How much to contribute



When contributions are available for use



Which employees to contribute to



What expenses are eligible



How funds are handled at the end of the plan year (run out, rollover, etc.)



How funds are handled for terminated employees (run out period)



Simplify benefits for your employees

- ✓ ONE debit card for all HSA, FSA, HRA, LSA and commuter benefits, when benefit permits
- ✓ ONE online account to access health and commuter benefits
- ✓ ONE mobile app to access benefits on-the-go



Contact **Custom Design Benefits** to learn more about lifestyle spending accounts.