

Quality Care for Your Employees... **ANYWHERE, ANYTIME**

Call A Doctor  **Health Advocate**SM

*Did you know 80% of office visits
can be better handled by phone?*

Your employees will save time and money with telehealth services from **Call A Doctor Plus (CADR+)** and **Health Advocate**. These comprehensive physical and mental wellness programs utilize technology to provide your employees with effective, immediate access to healthcare services from their phone, computer, or mobile device.

Call a Doctor Plus through Custom Design Benefits includes options for access to Teladoc and Behavioral Health programs, enabling your employees to get the help they need without an office visit. Health Advocate's **EAP+Work/Life Program**TM allows registered employees to access assistance with personal, family and work problems over the phone. These services are available through **Custom Design Benefits** only in conjunction with administration of your medical health plan.

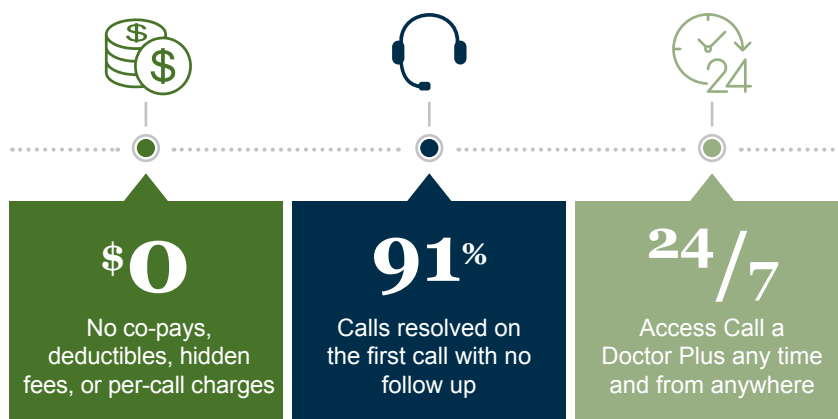
Contact **Custom Design Benefits** to learn more.



Telehealth Services for Body, Mind, and Balance

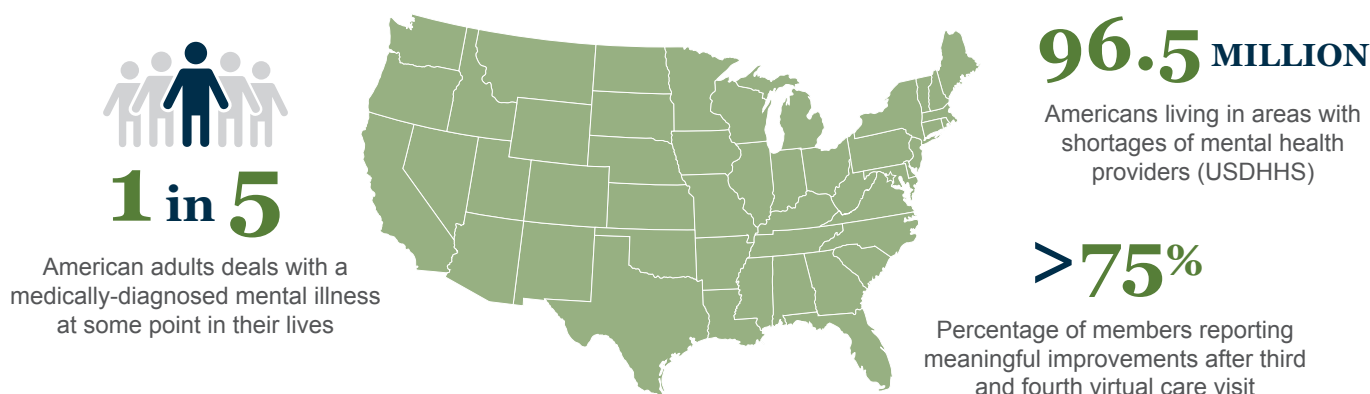
Telehealth and Virtual Care

With Call A Doctor Plus, your registered employees and their families can talk to a doctor within 14 minutes (on average). They can receive diagnoses, treatment plans, and prescriptions, if needed, from U.S. Board Certified and State Licensed physicians with an average 15 years of in-office experience.



Behavioral Health

Call A Doctor Plus also offers **Behavioral Health Care**, which lets registered employees speak with board certified psychiatrists, licensed psychologists or therapists by phone or video. The service covers an array of conditions through a single point of entry—without having to travel to a doctor's office.



EAP+Work/Life

Health Advocate's EAP+Work/Life Program provides registered employees with access to a Licensed Professional Counselor to help with personal, family, and work problems. Those employees can also speak with a specialist who can help with work/life balance issues, such as childcare/eldercare services, legal services, financial services, as well as, additional service areas.